## Defence Aviation Fatigue Management Guidebook - Release of Version 2

DASA wishes to advise that Version 2 of the Defence Aviation Fatigue Management Guidebook is available on the DFSB Intranet site and DASA Internet site.



## Overview

The Aviation Fatigue Management Guidebook provides guidance on meeting obligations in relation to fatigue management within the Defence aviation context. More broadly, this guidebook seeks to familiarise Defence aviation personnel with contemporary concepts of fatigue management and to provide practical guidance for implementation in day-to-day operations. While parts of the guidebook focus on considerations specific to select Defence aviation occupations, the themes and concepts remain applicable to all operating contexts.

## **Description of changes**

Minor editorial amendments and update to *Enclosure 1* 'Biomathematical Fatigue Models'.

Readers can download the Guidebook here (Intranet or Internet)

Additional DFSB Fatigue Management Resources are available here (Intranet only)

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