



Fatigue Risk Awareness Tool – Release of Version 2

The Defence Flight Safety Bureau (DFSB) wishes to advise that Version 2 of the *Fatigue Risk Awareness Tool* is available on the DFSB [Intranet](#) and DASA [Internet](#) websites.

Overview

As part of implementing the recommendations from the [MRH-90 Taipan A40-040 Aviation Safety Investigation Report](#), DFSB, in collaboration with Institute of Aviation Medicine, is progressing updates to fatigue-management artefacts, guidance, and training. These updates will be rolled out throughout 2026.

The *Fatigue Risk Awareness Tool (FRAT)* is a self-assessment tool designed to support safe operations by assisting individuals and supervisors to identify and respond to fatigue-related risks before and during duty. Key changes to FRAT Version 2 include:

- Amendments to Questions 1 and 2, and Notes 1–3, with a focus on incorporating sleep quality
- Updates to guidance on its application.

Readers can download the FRAT here – [Intranet](#) or [Internet](#)

For more information on DFSB Fatigue Management Resources, contact the DFSB Research and Human Factors team (DFSB.RHF@resources.defence.gov.au).

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